

ROCK FISHING

Stop. Look. Plan.



STOP



OBSERVE FIRST, FISH
LATER. CHECK FOR:
- WAVES
- SWELL PERIOD
- SLIPPERY ROCKS



SEEK ADVICE FROM
LOCALS/REGULAR
FISHERS

FOR LARGER WAVES
DURING THE SWELL
CYCLE

WATCH FOR CHANGING
WEATHER/TIDES



LOOK



PLAN



ADVISE SOMEONE OF
YOUR PLAN, WHERE
YOU ARE GOING,
WHEN YOU WILL
BE BACK



WEAR APPROPRIATE
CLOTHING, FOOTWEAR
AND A LIFEJACKET

EXIT

HAVE AN EXIT
STRATEGY, SAFETY
PLAN

Find out more at beachsafe.org.au